

DAYTIME MENU



- Chunky cut toast, butter & jam £1.75
- Cakes & sweet treats - ask for today's specials £3.95
- Ploughman's lunch: selection of cheeses (or Farmhouse paté) with home-made pickles, coleslaw, chutney, heritage tomatoes, salad & warm baguette (V) VG option; GF option £8.35
- Hot toasted baguettes - all served with crisp curly fries & salad:
 - - Spicy chorizo, grilled halloumi, peppery rocket, aoili and tomato jam £8.95
 - - Mixed mushroom, grilled halloumi, tomato jam, peppery rocket & coriander (V) £7.95
 - - Grilled zucchini, mixed peppers, tomato, vegan aoili & pine nuts (V) (VG) £7.45
 - - Griddled steak: strips of steak, mature cheddar, grilled peppers & wholegrain mustard £11.75
- Sticky, crispy, beer-battered cauliflower tacos (2) with sesame sauce & Asian slaw £4.95 each or £7.55 for 2 (V) (VG)
- Mezze platter: hummous, toasted pita bread, roasted peppers, grilled halloumi & olives £8.50 (V)
- Nachos: with tomato, re-fried beans, guacamole, melted cheese & jalapenos £11.95
- Heritage mixed tomato, mozzarella & basil salad (V) £6.95
- Frittata - Scrummy omelette with potato, mushroom, tomato, chorizo, cheddar & feta £8.25 (Veggie option available)
- Toasties - all served with crisp curly fries & salad (GF available):
 - Tomato, mozzarella & basil pesto £7.85
 - Cheddar cheese, prosciutto (Italian ham), tomato jam £8.75
 - Tuna melt: tuna with mayonnaise and grated mature cheddar £8.95
- Marinated chicken skewers with toasted pita bread, yoghurt sauce & our special slaw £8.75
- The Surfin' Frog fish burger: beer-battered cod pieces in a white bap served with crispy curly fries, salad, & home-made tartar sauce £8.95 (GF bread available)
- Ye olde bacon buttie: lashes of smoky bacon in a white bap with salty butter and fries £6.95
- Tower of power: toast, sweet potato & sweetcorn hash brown, mushrooms, grilled halloumi, poached egg & tomato salsa £8.95
- Moules marinières: our renowned local (Cornish) mussels in a rich cream & wine sauce with fries & fresh baguette £11.95
- Kedgerree: light curry-flavoured buttery rice with hard-boiled egg, smoked paprika, caramelised shallot, smoked haddock & fresh lemon juice £8.65

SIDES:

- French fries, curly fries, halloumi fries, sweet potato fries: all £3.75

